



Scottish Country Dance

Scottish Country Dance: Beginning

You don't have to be Scottish to learn the fun, social dancing steps of Scotland set to lively jig, reel and strathspey music. No experience required except a sense of rhythm and a sense of humor. Enjoy meeting others and learning the basic steps and figures, while dancing with different partners. Great exercise for everyone. Children age 12+ are welcome. Ghillies or ballet shoes are ideal, soft-soled shoes (tennis shoes) are also OK. Wear comfortable clothes which allow you to move freely.

Instructor: Elinor Vandegrift ★ Location: PKCC
6 classes ★ Resident \$48 / Non-Resident \$58
Drop-In Rate Resident \$9 / Non-Resident \$11

Wed	7:30–9:30pm	Apr 7–May 12	29761
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Scottish Country Dancing: Intermediate/Experienced

For those who have at least two years experience with Scottish Country Dance classes and understand the basic figures without a walkthrough or cueing. If you are ready to learn more advanced, complex dances, figures and can dance in time to the music, this class is for you! Refine your footwork and other aspects of technique while increasing your skill and confidence. Experience required, consult your class instructor regarding your skill level for this class.

Instructor: Eileen S. Hsu ★ Location: PKCC ★ 6 classes
Resident \$48 / Non-Resident \$58
Drop-In Rate Resident \$9 / Non-Resident \$11

Tue	7:30–9:30pm	Apr 6–May 11	29763
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Hula Dance

Hula is for everyone, it's a great way to stay in shape and have fun while dancing. Hula works the entire body and also engages the mind. It is a unique blend of balance, motion, and mental concentration. Hula will lift your spirits and give you an energy boost.

Beginning Hula for Adults

This class will concentrate on the basic foot and hand motions as you experience the Hawaiian culture and Spirit of Aloha. Both ancient (Hula Kahiko) and modern (Hula 'auana) will be taught. This is the perfect class to see what Hula is all about and to meet new friends at the same time.

Wear comfortable clothing (shorts or pants and T-shirts) — NO JEANS PLEASE! ★ Instructor: Jeanne Makanaokalani Porter ★ Location: NKCC

Spring 10 weeks ★ No class 5/29
Resident \$90 / Non-Resident \$108

Sat	11am–12pm	Apr 10–June 19	29487
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Summer 6 weeks ★ Resident \$54 / Non-Resident \$67

Sat	11am–12pm	July 10–Aug 14	29488
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Intermediate Hula

For those with hula experience and an understanding of the basic steps. This class will be a bit faster paced and will include an introduction to the hula implements such as 'uli'uli, 'ili'ili, pu'ili. Both Kahiko and 'auana will be taught along with a focus on general technique. There will be some Hawaiian language taught as it pertains to hula, along with lyrics and the background of every dance learned. There will be optional public performances.

Wear a pa'u skirt if you have one, otherwise comfortable clothing — NO JEANS PLEASE! Instructor: Jeanne Makanaokalani Porter ★ Location: NKCC

Spring 10 weeks ★ Resident \$90 / Non-Resident \$108

Wed	7:15–8:15pm	Apr 7–June 9	29489
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Summer 6 weeks ★ Resident \$54 / Non-Resident \$67

Wed	7:15–8:15pm	June 30–Aug 4	29490
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Advanced Hula for Exercise and Fun

Advanced Hula is for the hula dancer with a more extensive hula background. The hula basics are always reviewed to improve steps, descriptive hand motions, and facial expressions. We will continue on to more difficult, involved hulas, both Kahiko (ancient) and 'auana (modern) hulas and a continuing focus on technique and performance skills. Come learn Hula in a relaxed setting, yet be willing to work out, sweat, and have fun! There will be public performances.

Wear a pa'u skirt – NO JEANS PLEASE! ★ Instructor: Jeanne Makanaokalani Porter ★ Location: NKCC

Spring 10 weeks ★ Resident \$90 / Non-Resident \$108

Wed	8:15–9:15pm	Apr 7–June 9	29491
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Summer 6 weeks ★ Resident \$54 / Non-Resident \$67

Wed	8:15–9:15pm	June 30–Aug 4	29492
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Belly Dance

Belly Dance Basics

Ages 14 to adult

Learn the dance of femininity and grace, Egyptian Cabaret Belly Dance. It is a great way to tone up, lose a couple of inches and make new friends. The class is low impact, FUN, and provides health benefits for women of all ages. Please bring bottled water and a long scarf to tie around the hips

Instructor: Josette Minaglia 'Athena' ★ Location: NKCC

Spring 8 weeks ★ Resident \$80 / Non-Resident \$96

Tue	6:30–7:30pm	Apr 6–May 25	29493
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Summer 6 weeks ★ Resident \$60 / Non-Resident \$72

Tue	6:30–7:30pm	June 1–July 6	29494
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Belly Dance Advanced

Ages 14 to adult

This class will be a continuation of perfecting the basics and adding these steps to choreography. New steps will be introduced along with floor work and finger cymbals. Please bring water and a long scarf to tie around the hips.

Instructor: Josette Minaglia 'Athena' ★ Location: NKCC

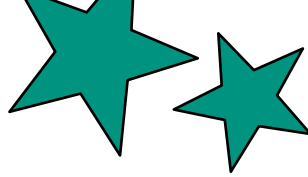
Spring 8 weeks ★ Resident \$80 / Non-Resident \$96

Tue	7:40–8:40pm	Apr 6–May 25	29495
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Summer 6 weeks ★ Resident \$60 / Non-Resident \$72

Tue	7:40–8:40pm	June 1–July 6	29496
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Adult Dance



Dance

Partner Dancing. Great fun

Location: Peter Kirk Community Center

Line Dance

Line Dancing

Line Dancing is a great way to exercise your body and mind while meeting new friends and listening to some great music. With the endless stream of new dances coming out there is always something new and challenging to learn. All abilities welcome! Join Joe in this fun and friendly class. This class will not be pro-rated.

Instructor: Joe Mraz ★ Location: PKCC ★ 6 classes
No class 6/1 ★ Resident \$30 / Non-Resident \$36
Drop-In Rate Resident \$7 / Non-Resident \$8

Tue	10–11am	March 30–May 4	29735
Tue	10–11am	May 11–June 22	29736
Tue	10–11am	July 6–Aug 10	29741

Tap Dance



Beginning Tap

Margie Meillon teaches easy-to-learn basic tap combinations, such as time steps, soft shoe and paddle turns. Learn complete dance routines.

Bring tap shoes ★ Min 4 / Max 20 ★ Location: PKCC
6 classes ★ Resident \$24 / Non-Resident \$29

Thur	9:30–10:30am	Apr 22–May 27	29747
Thur	9:30–10:30am	June 3–July 8	29748
Thur	9:30–10:30am	July 15–Aug 19	29751

Basic Intermediate Tap

Focus is on time steps, Broadway tap and Cash steps. Learn Wings, Pullbacks, Bells, Running Heels and Military.

Bring tap shoes ★ Prerequisite: must have had basic tap training ★ Min 4 / Max 20 ★ Location: PKCC ★ 6 classes
Resident \$24 / Non-Resident \$29

Thur	10:30–11:30am	Apr 22–May 27	30047
Thur	10:30–11:30am	June 3–July 8	30048
Thur	10:30–11:30am	July 15–Aug 19	29753

You Can Dance!

Don't risk looking like you have 2 left feet! Prepare for your first wedding dance, cruise ship dancing, club dancing, vacation, parties, corporate holiday functions or just having fun. All you need to learn are a few simple elements and a way to combine them in a simple system that will have you looking fabulous on the dance floor, in a short amount of time, in any social setting. Have fun while learning to dance with confidence.

Singles & couples welcome ★ No experience needed
Instructor: Vicki Gabrielle ★ Location: PKCC ★ 3 classes
Resident \$35 / Non-Resident \$41

Tue	7:15–8:30pm	Apr 13–27	29919
Tue	7:15–8:30pm	June 8–22	29920

Country Western Two Step Variety

You'll be up on the dance floor after a brief introduction to the Two Step, Waltz, Cowboy Cha Cha and if time allows a line dance or two. This is always a fun class.

No partner or experience required ★ Location: PKCC
5 classes ★ Resident \$56 / Non-Resident \$67

Mon	6:35–7:50pm	Apr 12–May 10	29755
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East Coast Swing

This "All American" dance is a MUST for anyone who wants to dance in any situation. Definitely the most enjoyable and typically easiest to learn of all the dances and it's a great place to get started. This up tempo single time swing will teach you basic footwork and a host of turns and spins. You'll be up and dancing after just one series.

No experience or partner required! ★ Location: PKCC
5 classes ★ Resident \$56 / Non-Resident \$67

Mon	8–9:15pm	Apr 12–May 10	29756
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West Coast Swing

Definitely the most popular and versatile dance you will ever learn. You can dance it to an incredible range of music. Blues, Jazz, Country, Top 40 and much more. A lot of interaction between partners as you progress. Seattle has the longest running West Coast Swing Club in America. Learn the basics of this amazing dance.

No partner or experience required ★ 5 classes
No class 5/31 ★ Resident \$56 / Non-Resident \$67

Mon	6:35–7:50pm	May 17–June 21	29759
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Beginning Ballroom

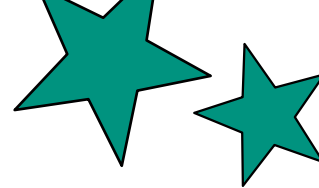
Learn the basics of these popular ballroom dances that are great for any social dance situation: foxtrot, tango and waltz.

No experience or partner required!
★ Location: PKCC ★ 5 classes ★ No class 5/31
Resident \$56 / Non-Resident \$67

Mon	8–9:15pm	May 17–June 21	29760
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Like the Stars!



& exercise... no partner required to join in!

Location: North Kirkland Community Center

Learn to dance the easy way with Professional Certified instructor Lynn Gross! Lynn's classes are guaranteed fun with easy-to-understand breakdowns, demonstrations, great music, and plenty of humor! She is known as one of the most knowledgeable and experienced dance instructors in the Northwest. Her teaching style is warm, friendly, and patient. You'll be glad you chose to take classes with Lynn!

West Coast Swing: Level 1

Contemporary, modern, stylish swing — the most music friendly and versatile of all partner dances! Solid foundational patterns and teaching techniques make learning this dance a simple, logical and fun experience. Lots of repetition will boost your learning curve and muscle memory, plus provide added fun — in classes and on the dance floor. Even if you've taken West Coast Swing classes before, you are guaranteed to learn new and exciting ways to enhance this popular style of swing.

No experience needed! ★ Adults & Teens, Couples & Singles, All Ability Levels Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC 5 weeks ★ Resident \$54 / Non-Resident \$65

Tue	7:30–8:30pm	Apr 13–May 11	29497
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West Coast Swing: Level 2

Add more fun and increase your swing skill by learning popular pattern variations and enhanced partnering techniques! Time to review and become more comfortable with level 1 Basics will be included. Patterns and styling in each Level 2 series differs from the last—the more times you participate, the more you learn, and the more comfortable and confident you'll be.

Prerequisite: Level 1, equivalent experience, or instructor permission ★ Adults & Teens, Couples & Singles Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC ★ 5 weeks Resident \$54/ Non-Resident \$65

Tue	7:30–8:30pm	May 18–June 15	29498
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Night Club Two-Step 1

This is romantic dancing at its finest — a dreamy dance for easy-listening, soft-rock love songs played at parties, night clubs, weddings, on cruise ships, and at many local dances. Learn patterns that stay in a small area for crowded dance floors, patterns that glide across the floor when there's room to move, and how to blend these moves for added versatility. Easy leading, following and turning techniques included.

No experience needed! ★ Adults & Teens, Couples & Singles Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC ★ 5 weeks Resident \$54 / Non-Resident \$65

Tue	8:30–9:30pm	Apr 13–May 11	29499
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Night Club Two-Step 2

Continue to develop your romantic side! Learn simple pattern variations and partnering techniques in this popular dance. Previous participation in a beginning level class, or the equivalent, is required. Each Level 2 series differs from the last—the more times you participate, the more you learn, and the more your dance skills expand!

Adults & Teens, Couples & Singles Welcome! ★ Prerequisite: Level 1, equivalent experience, or instructor permission ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC ★ 5 weeks Resident \$54 / Non-Resident \$65

Tue	8:30–9:30pm	May 18–June 15	29501
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Ballroom Favorites 1

Everyone will enjoy learning the basics and simple variations of the ever-popular and always-in-style classics: Romantic Waltz, Smooth Fox Trot, Lively Jitterbug Swing, and a taste of Sensual Tango. You'll be gliding around the floor in the very first lesson.

No experience needed! ★ Adults & Teens, Couples & Singles, All Ability Levels Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC 5 weeks ★ Resident \$54 / Non-Resident \$65

Tue	7:30–8:30pm	June 22–July 20	29502
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Ballroom Favorites 2

Gain more comfort and confidence with leading and following as you learn new and pleasing pattern variations in Waltz, Fox Trot, Jitterbug Swing and Tango.

Prerequisite: Level 1 or equivalent experience, or instructor permission ★ Adults & Teens, Couples & Singles Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC ★ 4 weeks Resident \$43 / Non-Resident \$52

Tue	7:30–8:30pm	July 27–Aug 17	29503
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ADULT DANCE WITH LYNN GROSS:

“Fun, energetic, clear instructions that are easy to follow! Lynn is the best!”

— Kaylee

Salsa 1

EZ Latin! This popular Latin dance will raise your energy level. Learn to connect to the Latin beat while you practice easy leading and following techniques and fun—but simple—patterns! Plus an introduction to Latin hip action to add style. Energetic fun for warm summer evenings!

No experience needed! ★ Adults & Teens, Couples & Singles, All Ability Levels Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC 5 weeks ★ Resident \$54 / Non-Resident \$65

Tue	8:30–9:30pm	June 22–July 20	29504
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Salsa 2

Your Salsa partnering skills will become more comfortable and automatic! Further develop Latin hip action, plus new patterns and styling variations. A brief review of Level 1 patterns in the first class of this series will help boost your muscle memory. Even if you've taken a Level 2 Salsa series before, you're guaranteed to learn some new moves and techniques in this class.

Prerequisite: Level 1, or equivalent experience, or instructor permission ★ Adults & Teens, Couples & Singles welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC ★ 4 weeks Resident \$43 / Non-Resident \$52

Tue	8:30–9:30pm	July 27–Aug 17	29505
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Ballet

Ballet Basics

Have you always wanted to take a ballet class but something always got in the way? Now that you have the time, do you feel like you're too old and it's too late! Here's the good news, it's never too late to learn ballet! No reason to be intimidated! This adult basic ballet class offers something for everyone from young adult to seniors and provides a fun way to tone and tighten your body while learning the fundamental techniques in a positive and supportive environment. Ballet develops balance, coordination, strength, stamina, self-confidence and body-centered awareness. This class is for those with little or no dance training but who want to embrace one of the most beautiful and graceful of all dance styles.

Instructor: Professional faculty member of Cameo/Carrabba Dance, Inc., a leader in dance education for more than 15 years, with a reputation for inspiring students to be the best they can ★ Location: PKCC
★ 7 classes ★ No class 5/24, 31, & 7/5
Resident \$77 / Non-Resident \$92

Mon	5:30–6:30pm	Apr 12–June 7	29635
Mon	5:30–6:30pm	June 14–Aug 2	29636

Ballet: Open Level

Take your training to the next level. This class is for those who have had some ballet training and is a good additional class for a Basic or Intermediate level class. Emphasis is on improving technical strength and more movement. Students are encouraged to work at their own ability.

Instructor: Professional faculty member of Cameo/Carrabba Dance, Inc., a leader in dance education for more than 15 years, with a reputation for inspiring students to be the best they can ★ Location: PKCC

7 classes
No class 5/26 ★ Resident \$77 / Non-Resident \$92

Wed	6:20–7:20pm	Apr 14–June 2	29638
Wed	6:20–7:20pm	June 9–July 21	29639

4 classes Resident \$44 / Non-Resident \$53

Wed	6:20–7:20pm	July 28–Aug 18	29640
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Tango

Argentine Tango: Beg. I

Here is your opportunity to learn the most interesting, complex, and sensual of social dances. The Argentine Tango is an expression of the mind, body, and spirit. You will be taught step by step the Salida Básica (8 count basic), Cunita (rock step), Resolución (tango close), Ocho hacia adelante y atras (forward and backward ochos), and change of front. You will gain the ability to combine these into different figures and variations to create your own expressions through the Tango.



Location: PKCC ★ 6 classes
Resident \$39 / Non-Resident \$47

Fri	6–7pm	Apr 2–May 7	29642
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Argentine Tango: Beg. II **NEW**

Emphasis on the Lead and Follow techniques are introduced for turns which require understanding of connection in this social dance. You will also work on the Caminar (walk) with rhythm. Here you will be introduced to the Boleos, Calesitas, Adornos, and traditional figures like the Americana. This class should set you on the path to create a complete Tango. Students should have a good grasp of the Salida Básica (8 count basic) and Ocho hacia adelante y atras (forward and backward ochos).

Location: PKCC ★ 6 classes
Resident \$39 / Non-Resident \$47

Fri	6–7pm	May 14–June 18	29643
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Argentine Milonga & Vals for Beginners **NEW**

The Milonga is faster than the Tango and very cheerful. Students will build a repertoire of milonga lisa, traspie, etc. for the first half of the series. The second half will be an introduction to the Vals (Waltz). Here students will apply turns developed from the previous course to the vals rhythm.

Location: PKCC ★ 6 classes ★ No Class 7/2
Resident \$39 / Non-Resident \$47

Fri	6–7pm	June 25–Aug 6	29644
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Argentine Tango: Inter. I

Students will learn the Boleos, Molinete turn, Giros, Adornos, Ocho cortado, Sacadas, Calesitas, Enrosques, Puente, and more. Also, you will be given the concept of sistema cruzado (Cross Step System). You will gain the ability to incorporate these into your own Tango expression. Students should have a good grasp of the leading/following technique of the basics of Argentine Tango.

Location: PKCC ★ 6 classes
Resident \$59 / Non-Resident \$71

Fri	7–8:30pm	Apr 2–May 7	29646
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Argentine Tango: Inter. II **NEW**

Learn the entrances for Sacadas, pivots like the Enrosques, Picas, Paradas, and the classic chain. The incorporation of this new repertoire is stressed on musicality and walking the rhythm of the tango. Students should have a good grasp of the leading/following technique of the intermediate Argentine Tango.

Location: PKCC ★ 6 classes
Resident \$59 / Non-Resident \$71

Fri	7–8:30pm	May 14–June 18	29647
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Argentine Tango: Inter. III

NEW Students will be introduced to moving the center of a turn through changing directions. Examples are Combining Ganchos and Boleos with changes of direction. Bring your thinking caps, this class will open you to the use of space through appropriate navigation. Musicality will be your creative outlet. Students should have a good grasp of the leading/following technique of the intermediate Argentine Tango.

Location: PKCC ★ 6 classes ★ No Class 7/2
Resident \$59 / Non-Resident \$71

Fri	7–8:30pm	June 25–Aug 6	29645
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One on One Tango Dance Instruction

Baffled by complicated tango steps? Uncomfortable asking questions in class? Enjoy one-on-one tutoring Friday nights, by appointment only, with Ina! Here is a fabulous opportunity to improve your dance ability.

Resident \$36 / Non-Resident \$43
Advanced registration required, call 425.587.336